



# How to Safely Remove a Tick

- 1. Use a pair of pointed tweezers.**
- 2. Grasp the tick by the head or mouth right where it enters the skin.**
- 3. Pull firmly and steadily upward.**
- 4. Place the tick in a small container of rubbing alcohol to kill it.**
- 5. Clean the bite wound with rubbing alcohol or hydrogen peroxide.**
- 6. Monitor the site of the bite for the next 30 days for the appearance of a rash.**
- 7. If you develop a rash or flu-like symptoms, contact your health care provider immediately.**



**Department  
of Health**